







Hike #1: Big Run Loop

5.8-mile circuit, modestly strenuous, 4 1/2 hours hiking time, 1,685-foot elevation gain, 2 stream crossings. Follow Big Run Loop Trail downhill. At the trail post, go left, continuing on Big Run Loop Trail. At the next trail post (four-way intersection), go left. You're still on Big Run Loop Trail. Turn left onto the Appalachian Trail (A.T.) north. Cross Skyline Drive. Continue on the A.T. north, and cross Doyles River parking. Cross Skyline Drive to return to Big Run Overlook and the starting point.



Hike #2: Upper and Lower Doyles River Falls

3.3-mile round trip, moderate, 21/4 hours hiking time, 1,203-foot elevation gain, 1 stream crossing. Cross Skyline Drive to Doyles River parking. Follow Doyles River Trail. Pass the access trails for Doyles River Cabin and Browns Gap Road. Trail posts mark the location of Upper and Lower Doyles River Falls. Retrace your steps to return to the parking lot.



Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

Before You Go!

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all times.
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water-at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and www.nps.gov/shen
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.